



Australian Hypnotherapists' Association

Founded 1949

Registered 1956

www.ahahypnotherapy.org.au

ABN 20 004 388 872

PACFA and the Australian Hypnotherapists Association

The Australian Hypnotherapists Association's (AHA) relationship with the Psychotherapy and Counselling Federation of Australia (PACFA) goes back some years to a time when there was no over-arching peak body for hypnotherapy in Australia. At the time the AHA was one of two hypnotherapy associations that were PACFA members and the National Executive felt it important that we be represented by a Peak Body.

Over the ensuing years it became apparent that a Peak Body to represent the profession of hypnotherapy only was necessary in Australia. This resulted in a series of meetings held over 4 years with all of the stakeholders, associations and training organisations coming together with a view to finding common ground.

Over time a constitution was written which is heavily weighted in favour of associations that represent individual hypnotherapists. The Hypnotherapy Council of Australia (HCA) was formed on the 25th July 2010 and Antoine Matarasso elected Vice-President of the HCA, a position he has held since.

AHA continued its association with PACFA until 2013 when the National Executive determined that the association with PACFA was no longer of benefit to the AHA and its members. The main reasons being:

- Hypnotherapy now has its own stable Peak Body in the HCA
- The costs in staying with PACFA became prohibitive as PACFA required the AHA to remit fees to PACFA for every AHA member whether that member was a PACFA member or not. This made the relationship financially untenable from the AHA's point of view
- In canvassing the few AHA members who were on the PACFA register, none were able to point to tangible benefits or business growth as a result of PACFA membership. The National Executive believes that it made the decision to withdraw from PACFA in the best interests of the AHA and is fully committed to supporting HCA.

National Executive Committee
Australian Hypnotherapists Association
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